



## PSHE & RSE at Catshill First School and Nursery

At Catshill First School and Nursery we believe that Personal, Social and Health and Economic Education (PSHE) and Relationships and Sex Education (RSE) enable children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

	Being Me in My World  Being Me in My World	Celebrating Difference  Celebrating Difference	Dreams and Goals  Dreams & Goals	Healthy Me  Healthy Me	Relationships  Relationships	Changing Me  Changing Me
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	BM, Age 3-12 Parent Knowledge...	Age 3-12, CD Parent Knowledg...	Age 3-12, DG Parent Knowledge...	Age 3-12, HM Parent Knowledge ...	Age 3-12, R Parent Knowledge...	Age 3-12, CM Parent Knowledge...
Beyond CFSN	The PSHE/RSE team work closely together with CMS to ensure continuity and make sure all aspects of the curriculum are being met. At CMS the @Jigsaw' programme is continued until the end of KS2 (Year 6). PSHE is also taught through 'Life Skills' lessons					